

# SAINT LUCIA



*Green Throated Humming Bird*



## BIRDING IN SAINT LUCIA

The beautiful Caribbean island that will inspire you



*Rufous-Throated Solitaire*



**SAINT LUCIA**

LET HER INSPIRE YOU



## NATURE AT ITS MOST SPECTACULAR

Home to Six (6) island endemic and many speculator birds species, the majestic Piton Mountains, lush landscapes, unspoilt rainforests and palm-fringed beaches, Saint Lucia is the beautiful Caribbean island that has it all and more. Experience this sensational island and the thrilling birding for yourself.

### THE BIRDS OF SAINT LUCIA

167 Species

6 Endemics

11 Endemic Subspecies

7 Lesser Antillean Regional Endemics

Saint Lucia is a birdwatchers paradise, perhaps the most important birdwatching destination in the Eastern Caribbean. Saint Lucia is very accessible being just 27 miles long and 14 miles wide and is probably one of the most important of the Lesser Antilles as it holds six single island endemics.

### Six Endemic Species

Saint Lucia has six endemic species, one of which is the islands national bird, the Saint Lucia Parrot (*Amazona Veriscolor*), a species that recovered from dangerously low population numbers in the early 1980s. The other endemics are the Saint Lucia Pewee, Saint Lucia Warbler, Saint Lucia Oriole, Saint Lucia Black Finch and Semper's Warbler. This gives Saint Lucia the distinction of having the highest number of endemic birds in the Eastern Caribbean region.

### Saint Lucia Parrot

The Saint Lucia amazon also known as the Saint Lucia parrot is a species of parrot in the family Psittacidae. It is endemic to Saint Lucia and is the country's national bird he Saint Lucia Parrot inhabits the rainforest in the mountains of Saint Lucia. It feeds in the forest canopy on a wide variety of fruits, seeds and flowers. The parrot nests in the cavities of tall trees.

### Saint Lucia Black Finch

The Saint Lucia Black Finch is found in both moist and dry forest areas. It forages in the leaf litter in dense understory. The finch usually nests in a spherical nest of twigs built in a low shrub or palm about 2m above ground.

### Saint Lucia Oriole

The Saint Lucia Oriole is uncommon and perhaps becoming scarcer. It feeds on insects, fruits, flowers and nectar. The Oriole builds a nest sewn under a leaf or palm well above the ground.

### Saint Lucia Warbler

The Saint Lucia Warbler forages for insects and spiders from leaves and twigs.

### Semper's Warbler

The Semper's Warbler is extremely rare or possibly extinct. The last reliable sighting was in 1961. There have been unconfirmed sightings in 1965, 1972, 1989, 1995 and 2003.



## SAINT LUCIA BIRDING SITES

### Millet Bird Sanctuary

Millet Trail Office: (758) 451-1691  
[www.maff.egov.lc](http://www.maff.egov.lc)

Located in the heart of Saint Lucia, is the Millet Bird Sanctuary Trail; a haven of bird life. Over thirty species of birds can be found there, including five endemic species: the Saint Lucia Parrot, Saint Lucia Black Finch, Saint Lucia Oriole, Saint Lucia Pewee and Saint Lucia Warbler. This trail provides a breath taking view of the Roseau Dam, the largest in the Eastern Caribbean. Just 15 minutes from Marigot Bay by car and 45 minutes from Castries.

### Des Cartier Rainforest Trail

Des Cartier Trail Office: (758) 454 5589

The trail is situated 6 miles inland from Micoud on the main Castries to Vieux Fort road. This is one of the best birding sites in Saint Lucia. Visitors have a good chance of seeing the rare birds, especially the Saint Lucia Parrot.

### The Forestiere Trail

Forestiere Trail Office: (758) 451-6168

The Forestiere Trail is a 20 minute drive from the capital, Castries. The trail is part of an Old French Road which traverses through pristine rainforest.

### Cape Moule a Chique

You can drive up to the top of the cape from Vieux Fort. Tropic birds nest below the lighthouse and it may be possible to enter the compound for better views by seeking permission. You can also see the Maria Islands in the distance.

### Vieux Fort Wetlands

There are a number of pools and wet areas where a river has been diverted at the western end of Hewanorra International Airport. The area is approximately 6 acres and it attracts several bird species throughout the year. Many species of ducks, herons, sand pipers, plovers, egrets, gallinules, rails and other shorebirds and waterfowl find a temporary place of sojourn at the pond. Many of these species are seasonal migrants.

### Dennerly and Praslin

This dry coastal scrub between Dennerly and Praslin village is the site for the White-Breasted Thrasher. When visiting this area stay to the tracks and look out for snakes.

### Grande Anse

This site near Desbarra is better known as a Leatherback Turtle watching site. The track down to the old airstrip and beach is poor and a 4 wheel-drive is recommended. The Rufous Nightjar can be seen at this site.

### Gros Piton Nature Trail

The Gros Piton Nature Trail takes you to the top of one of Saint Lucia's famous volcanic peaks, where a breathtaking view awaits you. It is also an excellent spot to see the Saint Lucia Wren around the broad middle zone forest. You can also spot some other endemic birds as you make your way to the summit.

### Edmund National Rainforest

The Edmund National Rainforest covers 19,000 acres of lush mountains and valleys. It is home to a large variety of tree ferns, bromeliads, orchids and birds. Some of the species you may see are the Saint Lucia Parrot, Saint Lucia Oriole and Saint Lucia Black Finch.

Images: Tseng Chu-wen Hank (Purple Throated carib and Saint Lucia Pewee). Adams Toussaint for all other images.



# SAINT LUCIA

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## Birding Tour Operators featuring Saint Lucia

A number of birding tour operators offer package tours for bird watching holidays in Saint Lucia.

### Heatherlea

Website: [www.heatherlea.co.uk](http://www.heatherlea.co.uk)

Tel: 01479 821248

### Mot Mot

Website: [www.motmottravel.com](http://www.motmottravel.com)

Tel: 01327 830918

### Nature Trek

Website: [www.naturetrek.co.uk](http://www.naturetrek.co.uk)

Tel: 01962 733051

### Reef and Rainforest Tours

Website: [www.reefandrainforest.co.uk](http://www.reefandrainforest.co.uk)

Tel: 01803 866965

### Sarus bird tours

Website: [www.sarusbirdtours.co.uk](http://www.sarusbirdtours.co.uk)

Tel: 0161 761 7279

### Sunbird Tours

Website: [www.sunbirdtours.co.uk](http://www.sunbirdtours.co.uk)

Tel: 01767 262522

### Wild Wings

Website: [www.wildwings.co.uk](http://www.wildwings.co.uk)

Tel: 0117 9658 333

## Birding Guides in Saint Lucia

### Adams Toussaint

Tel: (758) 5188678 or (758) 4612878

Email: [wildlifeslu@gmail.com](mailto:wildlifeslu@gmail.com)

### Aloysius Charles

(Millet Trail)

Tel: (758) 720-1849

Email: [outkast95@hotmail.com](mailto:outkast95@hotmail.com)

### Forestry Department

Tel: (758) 468-5645/5649

### Vision (Valence James)

Tel: (758) 722-9006

Email: [wildlifeslu@gmail.com](mailto:wildlifeslu@gmail.com)

## On-island Tour Providers

### Barefoot Holidays

Email: [Barefoot@candw.lc](mailto:Barefoot@candw.lc)

### Caribtravel Ltd

Email: [Hermina.Danzie@caribtravelltd.com](mailto:Hermina.Danzie@caribtravelltd.com)

### Cox & Co Ltd

Email: [tourism-ops@coxcoltd.com](mailto:tourism-ops@coxcoltd.com)

### Saint Lucia Representatives

Email: [dutyoffice@stluciareps.com](mailto:dutyoffice@stluciareps.com)

### Solar Tours & Travel

Email: [solartours@candw.lc](mailto:solartours@candw.lc)

### Spice Travel Limited

Email: [casalucia@candw.lc](mailto:casalucia@candw.lc)

### Travel Concepts Incorporated

Email: [info@travelconceptsstlucia.com](mailto:info@travelconceptsstlucia.com)

### Wildlife Ambassadors LTS

[www.stluciawildlife.com](http://www.stluciawildlife.com)

Email: [birding@stluciawildlife.com](mailto:birding@stluciawildlife.com)

## Saint Lucia Tourism Authority

1 Collingham Gardens

London, SW5 0HW

Tel: 020 7341 7000

Fax: 020 7341 7001

Email: [stainfo@stluciauk.org](mailto:stainfo@stluciauk.org)

Website: [www.stlucia.org](http://www.stlucia.org)



## Map of Saint Lucia



White-breasted Thrasher

